

HOUSTON GALVESTON INSTITUTE

Advancements and Innovations in Learning, Practice and Research

Summer 2003

CONFERENCES

TRANSFORMING DIALOGUES CONFERENCE

The conference, co-sponsored by HGI and the Taos Institute, brought together almost 100 people for a shared learning experience. Conversations in and in-between theme sessions were bracketed by plenary presentations by **Harlene Anderson, David Paré, Stan Witkin and Ken Gergen**. The theme leaders were Harlene Anderson, Saliha Bava, Jose Bayona, Robert Cotter, Sharon Cotter, Ken Gergen, Mary Gergen, Thelma Jean Goodrich, Sue Levin, Sheila McNamee, David Paré, Sally St. George, Stan Witkin, and Dan Wulff. Social events provided additional ways to connect and celebrate new and continuing relationships.

HGI's 25th and Taos' 10th anniversaries were celebrated by patching together a commemorative quilt designed by **Cathy King**. Each participant created a "text-tile" representing thoughts and symbols of relationships to HGI and Taos, and postmodern and social construction ideas. A Participant's Reflection by **Tom Hanchett**: Attendees and presenters danced with each other in many real and metaphorical ways: verbal dialogue and physical dialogue (in one workshop we danced while one of the partners had their eyes closed and the other led through touch). Experiences came through scheduled plenaries and workshops, spontaneous interaction luncheon forums, social events and celebrations while mixing with local, national and international guests. Some profound insight was experienced through dialogical collaboration and co-creation of ideas, expansion of the appreciation of our differences and personal validation of thoughts and ways of being. The personal freedom felt through being heard, and the energy absorbed by attendees, no doubt will be passed on to our clients because our own lives have been changed in some conscious and mystical ways.

INTERNATIONAL SUMMER INSTITUTE

Postmodern Collaborative Approach to Therapy, Education, Research, and Organizational Consultation was held on July 6- 11, 2003 at Oaxaca, Mexico. Don't

miss this opportunity next year to learn, relax, and network in a multicultural environment. Contact admin@talkhgi.com or harleneanderson@earthlink.net for more information.

FACULTY NEWS

Harlene Anderson presented the preliminary results of her research project on women executive assistants at TAMFT in January. Conference participants were awed by the ingenuity and accomplishments of these women. Some of the surprising results include the reflective learning process that evolved for the student research assistants and the applications that the executive assistants' experiences and wisdom have to help therapists be more successful and expand their identities.

Sue Levin is the **president elect** of Texas Association of Marriage & Family Therapy and the program chair for TAMFT conferences 2003 and 2004. She received an award for **Outstanding Contributions** from the **Taos Institute**.

Saliha Bava has joined the Taos Institute as an associate. She serving on the TAMFT conference's program committee, 2003 to 2006. She is serving on the board of director for The Texas Chapter of the Association of Family and Conciliation Courts. She is available for coaching on hypertext and electronic dissertations.

Glenn Boyd continues to be active in the Green Party as chair of the Fort Bend County Greens. He joined with Thoreau Unitarian Universalist Congregation to form the Fort Bend Coalition for Peace and Justice which sponsored a successful peace rally on March 8, 2002.

Jamie Raser, went to San Diego for training in EEG Biofeedback or Neurofeedback, in his search for something that can help the clients with difficulties he works with. He has been experimenting on himself. He finds that he is sleeping much better, which is the first sign of improving the brain's balance and functioning. This is such a different approach to problems that he remains skeptical, but hopeful, for positive outcomes. The research he has seen, is very positive, but as we know,

research can "prove" anything we want it to. Contact Jamie at jamieraser@cs.com if you want more information or have some information to share.

Susan Swim received Doctoral degree in January from Saybrook Graduate School and Research Center in San Francisco.

Harlene Anderson, Diana Carleton, and Harriet Roberts have combined their experiences and talents to create *Access Success* to offer coaching and consultation to individuals and businesses.

UNIVERSITY NEWS

The summer signifies change as Master interns **Cathy King** and **Mike Murray** (Our Lady of the Lake U), **Tori Prophet** and **Jeff Rice** (U of Houston - Clear Lake) are completing internship with Houston Galveston Institute. New Master interns **Jennifer Weatherly** (Our Lady of the Lake U) and **Wendy Huang** (U of Houston - Clear Lake) began their internship experience in June. Doctoral intern, **Amy Tuttle**, from Loma Linda University will start her doctoral internship in Fall 2003.

Dilek Tinaz completed her Doctoral degrees from Iowa State and returned to Istanbul U to co-coordinate a research project on Gifted children and their families. **Tori Prophet** started her PhD program in Forensic Clinical Psychology at Sam Houston U. **Cathy King, Mike Murray** and **Laura McPherson** will continue their clinical training as supervised clinical associates. **Margarita Saenz, MD** will be joining the visitor study program in Fall.

TRAINING NEWS

ZEN, POSTMODERNISM AND CHOCOLATE Enhance your practice by understanding the interrelationship of Zen and Post-Modernism. In the comparison, both personal and professional applications will be explored. The workshop will be theoretical, meditative, and experiential. Ethical issues will be interwoven. Chocolate will be used as a "means to pure experience." Faculty: **Diana Carleton & Louise Dreyfus**. Date: July 18, 2003. Fee: \$95; Early registration by July 7: \$85. **CE's**: 6 1/2 hours includes 3 hours for ethics.

HEALER'S ART PROJECT U of Texas, Houston Medical School faculty, Dr. Jose

Bayona invited HGI, represented by Saliha Bava, to co-facilitate a course titled *Healer's Art* for first and second year medical students. The course focuses on how to preserve and strengthen a physician's humanity, and ability to handle loss, grief, and remain open-hearted to make the difference between professional burnout and a rich and fulfilling life. We co-created meaning about service, commitment, and human and healing dimensions of the practice of medicine based on a model developed by Dr. Rachel Ramon of the U of San Francisco which is being used at Yale, Dartmouth, Stanford, Harvard and Einstein.

COMMUNITY PROJECTS

STEPS TO SUCCESS HGI has recently created a model program called *Steps to Success* for parents finding their way in the Child Protective Service system. It is based on the following points, which we have concluded after many years of working with the CPS system. Parents involved with CPS:

- referred to psychotherapy, often take 2-4 sessions to process their feelings about having their children removed.
- often feel isolated from others during the process, considering themselves the "only ones" who have been singled out by the system.
- may feel unsupported and helpless, as the immediate attention of the system is on their children.
- who have not processed their feelings may interact with caseworkers labeled sometimes as a non-productive manner, or appearing to be uncooperative.
- may perceive the CPS caseworkers, despite their sincere attempts to support and direct parents, in an offensive or defensive manner due to the inherent dynamics of the system.

Steps to Success groups provide an immediate resource for parents to begin dealing with their emotions, isolation, and motivation towards successful resolution of their cases. They will have opportunities to network with others to practice skills and problem-solve around typical

parenting and systemic challenges, and receive "advice from the experts", with guest speakers who have been clients of CPS in the past.

The research component of *Steps to Success* has two purposes, first to evaluate the overall program by assessing participants on a number of variables. Currently, the assessment includes participant's involvement in therapeutic services, impact of event, parents' level of cooperation rated by Caseworkers, and the duration and outcome of each case.

The second purpose of the research is to evaluate a specific programmatic exercise: expressive writing. Based on 30 years of study by Dr. James Pennebaker at the U of Texas, this process appears to provide significant physical and emotional benefit to participants as they "open up" in confidential writing exercises.

The program staff for *Steps to Success* includes **Christine Niles**, Group Coordinator, **Jeff Rice** and **Tori Prophet**, Group Facilitators, **Sue Levin**, Program and Research Coordinator, **Saliha Bava**, Research Co-coordinator and **Cathy King**, Research Assistant. Please let us know if you are involved in similar projects, or are interested in training or more information.

PRE-MARITAL WORKSHOPS New workshops for pre-marital couples will use improv to generate experiences that highlight the couple's relational and individual strengths and areas of growth. The couples will also identify and learn tools for mapping their own relational dance. **Saliha Bava** and **Kim McGaw**, improv consultant who trained at 2nd City and Northwestern U, will be co-facilitators.

WOMEN'S PROFESSIONAL PERFORMANCES The group will explore and challenge women's life performances that enhance and limit personal and professional growth. Participants will learn how to tap into their creativity and imagination to vision and create the performances that enhance personal authority, leadership, competency and opportunities to reach beyond their potential in their multiple roles. Open to women in a variety of professional contexts.

Fee: \$40/session. Consultant: **Saliha Bava**.

RECENT PUBLICATIONS

Anderson, H., Cooperrider, D., Gergen, K., Gergen, M., McNamee, S., & Whitney, D. (2001). *Appreciative Organizations*. PA: Taos Institute Publication.

Anderson, H. (in press). Postmodern social construction therapies. In Weeks, G., Sexton, T.L. & Robbins, M. (Eds.). *The Handbook of Family Therapy*. New York: Brunner-Routledge.

Anderson, H. & Burney, J.P. (in press). A postmodern collaborative approach: A family's reflections on "in-the-room" and "on-the-challenge-course" therapy. In Strong, T. & Pare, D. (Eds.) *Furthering Talk: Advances in the Discursive Therapies*. Kluwer Academic/Plenum.

Boyd, G. (2002). Agape-listening: Caring as conversation. *Leaven*, 10, No. 3, 3rd quarter:143-147.

Boyd, G. (2003). Pastoral conversation: Relational listening and open-ended questions. *Pastoral Psychology*, 51, No. 5, May:1-20.

Fernández, E., London, S. y Tarragona, M. (2002) Las conversaciones reflexivas en el trabajo clínico, el entrenamiento y la supervisión. En Selicof, H., Pakentin, I. Y Licea, G. *Voces, voces y más voces: el equipo reflexivo en México*. In press. (Reflexive Conversations in Clinical work, Training and Supervision).

Roberts, H. (2002). My Children Are Not Liars. In D. Baptiste (Eds.) *Clinical Epiphanies in Marital and Family Therapy: A Practitioner's Casebook of Therapeutic Insights, Perceptions, and Breakthroughs*. New York: The Hawthorne Clinical Practice Press.

Tarragona, M. (2003) Escribir para Re-escribir Historias y Relaciones. *Psicoterapia y Familia*. México, D.F. In Press. (Writing to Re-write Stories and Relationships).

Tarragona M. (2002) Las Relaciones Sociales del Aprendiz: una perspectiva Posmoderna. En *El Aprendizaje: Aspectos cognitivos, emocionales, neuropsicológicos, de lenguaje y casos especiales*. México, D.F. (The Learner's Social Relationships: A Postmodern Perspective).

DONATIONS HGI is a tax-exempt non-profit organization. Donations may be made in accordance with IRS regulations and are greatly appreciated. Monetary donations can be made to the Harry Goolishian Scholarship fund, or to General Operating Funds. A Wish List is available by request. Special needs include funding for high-speed internet access, among other technological upgrades. **ADDRESS CORRECTIONS** Please advise us of new and **corrected** email and general addresses.

LEARNING OPPORTUNITIES

CLINICAL EXTERNSHIP “*Postmodern Ethics, Theory & Practice.*” An intensive, weekly, clinical team practice designed to enhance thinking and clinical skills with individuals, couples, and families. The philosophy and ethics of the Collaborative Therapy Approach are the focus, and are discussed in contrast with other behavioral science approaches. Leaders include HGI Faculty who will provide diversity and depth of experience. Tailored to the needs of professionals from different work settings including school, hospital, community agency, and private practice. Includes in-the-room therapy experiences, didactic interaction, case consultation, group supervision, videotapes, experiential exercises, and readings. Enrollment is flexible. Provides 105 continuing education hours in 42 meetings, including 3 ethics hours. Tuition: \$2100. Faculty: *Saliha Bava, Leonard Bohanon, Carolyn Callahan, Catalina Eljure, & Sue Levin.* Meets on Tuesdays, 11:30AM-2:00PM, beginning September 9, 2003. *Call for dates.*

SUPERVISION SEMINAR “*A Collaborative Approach to Supervision and Teaching.*” Designed to meet requirements for AAMFT, LMFT, and LPC supervisor status. Provides 45 continuing education hours. Tuition: \$475. Faculty: *Harlene Anderson, Contact harleneanderson@earthlink.net for dates and times.*

ETHICS PROGRAMS Four ethics programs will be offered to review and clarify current ethical, legal, professional guidelines for clinical practice, to discuss clinicians’ judgment regarding following these guidelines, to explore and understand the basis for these guidelines, and to begin or continue each clinician’s journey to develop personal practice guidelines. Topics are as follows: “Ethical Practice, Postmodern Practice”, “Ethics and Couples: Confidentiality, Secrets, Violence”, “Therapeutic Relationships: What about Dual Relationships and Boundaries?”, “Reporting: Child Abuse, Suicide, Homicide and other things that keep you up at night...” Each session provides 3 CE hours, and registration is \$50 per session. Faculty: *Sue Levin.* Visit www.talkhgi.com for dates and times.

VISITOR STUDY PROGRAM HGI offers clinicians and teachers a chance to study at the Institute on a daily, weekly, or monthly basis. Programs are individually tailored to the Visitor’s interests and particular learning style. Opportunities are available for specialized study including clinical and program consultation. Visitors are encouraged to participate in ongoing clinical and training programs and to interact with faculty and other learners. Each visitor is assigned a faculty learning consultant. Contact *Saliha Bava.*

ON-LINE LEARNING IN SOCIAL CONSTRUCTIONISM HGI and the Taos Institute have partnered to offer distance education on-line. Take individual courses or a certificate program in Social Constructionism. Continuing education credits available. Course information and registration details are available at our website, www.socialconstruction.org.

SUPERVISION & CASE CONSULTATION Individual and group supervision, case and agency consultation, and supervision of supervision are available. Supervision and consultation groups can be arranged at agency locations and tailored to the interest and needs of agency staff. HGI faculty are recognized as approved supervisors by LMFT and LPC Boards. Contact *Sue Levin.*

INTERNSHIPS, FELLOWSHIPS, & POST-GRADUATE TRAINING The Institute accepts part- and full-time trainees for intensive learning experiences for persons interested in postmodern theories and therapies. These positions are awarded in one-year contracts and begin on or prior to August 1 each year. The application process is started by submitting a letter of interest and curriculum vitae to *Sue Levin*, no later than January 1st.

TRAINING FEST We continue celebrating our 25th anniversary by honoring our tradition of training: *coming together and creating communities of ideas.* A 2-day training festival offering a menu list of workshops ranging from "zen and postmodernism to "enhancing your private practice". You may choose one a la carte workshop, several, or the full program. Fees: Determined by number of workshop selections. Date: October 3-4, 2003. See back panel for details.

NEW WEBSITE

Checkout our new and user friendly website at www.talkhgi.com. If you are interested in training, therapy and/or consultation services, visit our calendar for upcoming events. Email us with your feedback, questions, and comments at our new address: admin@talkhgi.com

GENERAL INFORMATION **Continuing Education:** Programs are designed to meet the credential standards for supervision, membership, certification, and continuing education hours for a variety of professional organizations including: AAMFT, LMFT, LPC, TDHS, TCSW, MFT, TAADAC and the APA. HGI is approved by the American Psychological Association to offer continuing education for psychologists. HGI maintains responsibility for the program. HGI is approved by the Texas State Board of Examiners of Professional Counselors, Provider #1263, and by the Texas Certification Board of Alcoholism and Drug Abuse Counselors, Provider #06410-91, as a Continuing Education Provider. A certificate is awarded for each professional education activity attended. All Course work and supervision are documented on an Official Transcript. **Affirmative Action/ Equal Opportunity:** The Institute is committed to affirmative action and equal opportunity for all applicants. Trainees with special needs are requested to contact the Institute. **Admissions Policy:** Applicants are requested to complete a training application and furnish a current resume. Most applicants will be interviewed to explore which program is best suited to their needs and experience. **Financial Information:** Tuition is non-refundable unless a program is filled, canceled or the refund is requested one week prior to the training date(s). There is a \$25 administrative fee for cancellations. Participants are responsible for full tuition for those programs for which they register. Canceled checks will serve as receipts. No additional receipts will be provided. **Location:** All training located at Houston Galveston Institute, 3316 Mount Vernon, Houston, Texas.

REGISTRATION FORM

Send to: 3316 Mt. Vernon, Houston, TX 77006 Fax: 713.528.2618 email: admin@talkhgi.com

Name: _____ Address: _____

City, State, Zip: _____ Phone (H): _____ (O): _____

(M): _____ Fax: _____ E-mail: _____

Payment Amount: _____ By: Check or Visa/MC# _____ Exp. Date: _____

PLEASE REGISTER ME FOR:

Signature: _____

- | | |
|--|---|
| <input type="checkbox"/> Postmodern Theory & Practice \$2100
<input type="checkbox"/> Ethics Programs \$50
<input type="checkbox"/> Supervision Seminar \$475
<input type="checkbox"/> Training Fest \$ | <input type="checkbox"/> Please contact me regarding the Online Social Construction Program
<input type="checkbox"/> Please contact me regarding the Visitor Study Program
<input type="checkbox"/> Please contact me regarding the Steps to Success |
|--|---|

Friday		Saturday	
9:00 – 11:30am	Zen, Postmodernism & Chocolate <i>Diana Carleton & Louise</i>	Akido & Psychotherapy: learning from martial Arts <i>Leonard Bohanon</i>	9:00 – 12:00pm Unitarianism, Postmodernism & Scotch: <i>Glenn Boyd</i>
			Supervision of Supervision <i>Harlene Anderson</i>
12:30 – 3:00pm	Biology and Conversation <i>Ana Escalant, Elena Fernandez & Margarita Tarragona</i>	When Behavior Management System Fails: <i>Jamie Raser</i>	1:00 – 4:00pm Performing & Transforming Divorce <i>Stacie Alford, Saliha Bava, Debbie Feinsilver & Sue Levin</i>
			Clinical & Educational Dilemmas in the <i>Sylvia London & GCE Faculty</i>
3:15 – 5:45pm	Developing and Enhancing Your Private Practice <i>Daniel Garces</i>	Teen Conversations & Reflecting Process <i>Cathy King, Teresa McGrath & Mike Murray</i>	25th Anniversary Training Fest

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