

Certificate Program in Collaborative Medical Family Therapy

A course to train licensed family therapists to work collaboratively with family physicians

Sponsor: Houston Galveston Institute

Faculty: Thelma Jean Goodrich, Ph.D., LMFT
AAMFT Approved Supervisor
Jose Bayona, M.D., M.P.H.
Family Physician

Dr. Goodrich is a family therapist who has been in clinical practice as a family therapist for thirty years. In addition she has taught the full-time behavioral science curriculum highlighting family systems theory and methods to family physicians in three medical schools: Baylor College of Medicine, Columbia University in New York City, and the University of Texas Medical School in Houston. Dr. Bayona is a family physician with training in family therapy. He has 20 years experience in ambulatory-based collaborative family medicine initially in his clinical practice in Rochester, New York and now in academic medicine in Houston.

Dr. Bayona and Dr. Goodrich jointly developed a successful collaborative family medicine training program at the University of Texas-Houston Medical School which ran for five years.

Purpose: The course provides didactic and clinical training in working collaboratively with family physicians in treating medical patients and their families. Whether the collaboration occurs by joint sessions or by professional consultations, family therapists have much to offer in creating workable and successful treatment plans, helping families adjust to chronic illness, supporting patients in adaptation to limitations, and other aspects of medical care. Continuing education credits are available for the course.

Focus: The course focuses on learning the physician's perspective and needs, models of collaboration between family therapist and family physicians, and ways of teaming with physicians to address common problems in medical practice.

Format: Participants will meet in seminars with faculty and will gain experience by providing direct clinical therapy in family medical clinics designated as sites for the course. Seminars will include case consultations on the collaborations in their sites as well as discussions of readings regarding how to approach occasions commonly difficult for physicians such as aiding the adjustment of patient and family to chronic illness, dealing with "patient noncompliance" with medical regimens, breaking bad news, and working with domestic violence, sexual problems, and substance abuse.

Criteria for Certificate:

- Completion of reading assignments
- Active participation in case consultations

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- Presentation of 4 cases for case consultation
- Reflection paper for each meeting on the collaborations with physicians
- Completion of trainee's self-evaluation form
- Completion of trainee's evaluation of the course and faculty and clinical sites
- Essay on collaborative medical family therapy

Certificate in Collaborative Medical Family Therapy: The Houston Galveston Institute will provide a certificate in Collaborative Medical Family Therapy along with a description of the course and the competencies resulting from its successful completion. This description will aid the trainees in presenting their credentials to physicians in offering their services.

Who Should Attend: This course is appropriate for licensed family therapists seeking to gain competence in collaborating with family physicians to enhance the quality of care provided to medical patients.

Continuing Education: 36 hours

Time Requirements: Certification requires attendance at 9 evening sessions of 4 hours each, 2 hours of which are case consultations. Clinical practice involves 72 hours of care provided at the medical clinics participating in the course – schedule to be arranged to fit participants' availability. We will meet one evening a week for the first 5 weeks. We will meet one evening a week every other week for the next 4 meetings. The program spans 3 months.

Location: Seminars will be held at Houston Galveston Institute, 3316 Mount Vernon, Houston, TX 77006. Clinical practice will be available at several family medical clinics TBA.

Course Dates and Schedule: Seminars are 5 - 9 pm on Wednesdays March 3, 10, 17, 24, & 31, April 7 & 21, and May 5 & 19, 2010. Times and days for clinical practice will be arranged to fit the participant's schedule. Eight hours a week is the expected amount.

Fee: \$1900

Registration: With Houston Galveston Institute (HGI). Download a registration form at www.talkhgi.com. Please mail or fax the registration form and mail, fax or email a letter of reasons for interest in certification, license number, current professional situation (agency, private practice, etc.), and notes concerning any relevant experience in medical settings. For additional questions about registration, call 713-526-8390 or email admin@talkhgi.com.

(Note: Experience in medical settings is not required.) For further information about the course, call Thelma Jean Goodrich at 713-866-4876 or Jose Bayona at 713-498-3282.

Cancellation/No show policy

Cancellation: Fee is non-refundable unless a program is filled, canceled or the refund is requested one week prior to the training date(s). There is a \$25 administrative fee for all cancellations. **No Show:** There is an administrative fee of \$200 for **no shows**. Your credit card on record will be charged as per cancellation or no show rates. This enables us to ensure attendance for our presenters and cover/reduce any unnecessary expenses.

Continuing Education

Houston Galveston Institute is approved by the American Psychological Association to sponsor continuing education for psychologists, # 102. The Institute maintains responsibility for this program and its content. Houston Galveston Institute is pre-approved by Texas LPC, Provider #129, Texas LMFT, Provider #197; and Texas Social Work, License #2980, as a Continuing Education Provider.