

## Cross-cultural Conversation in Therapy, Consultation, and Social Change

Diversity has become an everyday challenge for practicing therapists. Our society demands clinicians and consultants capable of dealing with diversity issues, such as race, class, religion, nationality, language, migration, culture, sexual orientation, etc. However, to be successful with diverse populations, therapists need to move beyond the safety of political correctness to compassionately embrace the ambiguity and challenge of working with multiple realities and possibilities.

This experience-based bilingual (English- Spanish) workshop will present the use of postmodern and social constructionist ideas to create successful conversations within multicultural practices. A live consultation will provide an opportunity to participate in the process of taking steps towards creating successful relationships and conversations with clients and institutions that address cultural beliefs and promote a safe and challenging environment open to newness and possibilities. Participants will be invited to become members of an intimate small learning community and to take an active role in the live consultation process via a reflecting team and post-consultation dialogue and reflection.

### **Description** Participants will:

1. learn how to address multicultural ideas and practices using a postmodern perspective.
2. experience and practice a consultation from a postmodern perspective.
3. analyze and discuss the application of postmodern ideas in different clinical settings.

**Faculty** Sylvia London, M.A., LMFT is a bilingual/ bicultural therapist who lives in Mexico City. She practices in both Mexico and the U.S. Sylvia is a founding member of Grupo Campos Eliseos an independent institute in Mexico City interested in therapy, education and consultation through the application of postmodern and social constructionist ideas, she teaches in a number of Universities and is faculty at The Houston Galveston Institute in Houston, Texas. Through her personal and professional experience Sylvia has been interested in exploring the implications of migration and acculturation and the way culture and language shape our ways of being.

# HOUSTON GALVESTON INSTITUTE

## Who Should Attend

This workshop is suitable for psychologists, psychiatrists, social workers, counselors, MFTS, agency administrators, teachers and other professionals in the educational, social and mental health fields interested in diversity and the challenges of a multicultural society.

## Dates and times

Friday and Saturday, July 30 & 31, 2010

9:00 am to 5:00 pm

## Location

Houston Galveston Institute, 3316 Mount Vernon, Houston, TX 77006

## Continuing Education

16 hours

## Fees

\$350.00

**Registration** Register with Houston Galveston Institute (HGI) - download a registration form at [www.talkhgi.com](http://www.talkhgi.com). Mail or fax a completed registration form to HGI. For additional questions, call 713-526-8390 or email [admin@talkhgi.com](mailto:admin@talkhgi.com). ***Workshop is limited to 15 participants***

*HGI reserves the right to cancel if there are less than five (5) participants enrolled five (5) business days prior to the workshop (July 23rd)*

### **Cancellation/No show policy**

**Cancellation:** Fee is non-refundable unless a program is filled, canceled or the refund is requested one week prior to the training date(s). There is a \$25 administrative fee for all cancellations. **No Show:** There is an administrative fee of \$75 for **no shows**. Your credit card on record will be charged as per cancellation or no show rates. This enables us to ensure attendance for our presenters and cover/reduce any unnecessary expenses.

### **Continuing Education**

Houston Galveston Institute is approved by the American Psychological Association to sponsor continuing education for psychologists, # 102. The Institute maintains responsibility for this program and its content. Houston Galveston Institute is pre-approved by Texas LPC, Provider #129, Texas LMFT, Provider #197; and Texas LMSW, License #2980, as a Continuing Education Provider.