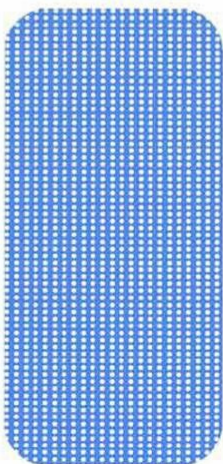


HOUSTONGALVESTONINSTITUTE

ANNUAL REPORT  
2009

*Spring  
Forward*



# HGI springing into action



HGI Staff and Fundraising Committee at our first Chocolate, Champagne and Charity fundraiser on November 6, 2009.



Shannon Alexander, Kate Lester, and Cathy King at an Outreach fair for Hurricane Ike recovery case managers at the United Way of Greater Houston.

# Table of Contents

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<b>Our People</b>	<b>2</b>
<b>Message from the Board President</b>	<b>3</b>
<b>Mission and Vision</b>	<b>4</b>
<b>How Does the Garden Grow?</b>	<b>5</b>
<b>Seeding Ideas</b>	<b>6</b>
<b>Blossoming Professionals</b>	<b>7</b>
<b>Finding Fertile Ground</b>	<b>8</b>
<b>Financial</b>	<b>9</b>
<b>Our Partners and Donors</b>	<b>10</b>
<b>A Client's Poem</b>	<b>12</b>



# Our People

We want to extend our warmest gratitude to the people named below who have been an essential part of HGI in 2009.

## Board of Directors

Harlene Anderson, Ph.D., Founder  
Pam Barton, M.A., President  
Saliha Bava, Ph.D.  
Peter Bishop, Ph.D., Vice President  
Molly Criswell, C.P.A., Treasurer  
Sue Levin, Ph.D.  
Linda Walsh, Ph.D., Secretary  
Sonya Ware

## Advisory Board

Dee Dee Dochen  
Larry Keast  
Ellen Levin  
Joseph Linbeck  
Nancy Ann Martin, J.D.  
Leslye Mize, Ph.D.  
Renee Wallace

## Faculty

Harlene Anderson, Ph.D.  
Saliha Bava, Ph.D.  
Jose Bayona, M.D.  
Joan Biever, Ph.D.  
Monte Bobele, Ph.D.  
Leonard Bohanan, Ph.D.  
Glenn Boyd, D.Min.  
Carolyn Callahan, Ph.D.  
Diana Carleton, Ed.D.  
Catalina Eljure, M.A.  
Elena Fernandez, M.A.  
Daniel Garces, M.S.  
Thelma Jean Goodrich, Ph.D.  
Catherine King, M.S.  
Sue Levin, Ph.D.  
Sylvia London, M.A.  
George Pulliam, M.A., Founder  
Jamie Raser, M.A.  
Harriet Roberts, Ph.D.  
Irma Rodriguez, M.A.  
Susan Swim, Ph.D.  
Margarita Tarragon, Ph.D.

## Executive Team

Saliha Bava, Ph.D., Associate Director  
Catherine King, M.S., Clinical Coordinator  
Sue Levin, Ph.D., Executive Director  
Katarina Sowerby, MBA, Business Manager

## Staff

Jessica Austin, B.S., Office Coordinator  
Sandra Tubbs, RCP Field Specialist

## Learners-Supervised Clinical Associates

Jose David, M.A.  
Jessica Henderson, M.S.  
Rabia Ilahi, M.A.  
Michael Pontello, M.A.  
Rocio Tharp, M.S.

## Learners-Doctoral Interns

Jacinda Tucker, M.A.  
Jasmine Ross, M.S.

## Learners-Masters Interns

Shannon Alexander, B.S.  
Sabrina Haselhorst, M.S.  
John McDonald, M.A.

## Clinical Associates

Nancy Baxley, M.S.  
Elizabeth Esquivel, M.S.  
Nadia Damani-Khoja, M.A.  
Greg Fenberg, M.A.  
Adriana Gil-Wilkerson, M.S.  
Catherine King, M.S.

## Consultant

Helen Wheir, M.A.,  
Development

## AmeriCorps VISTA

Kate Lester, B.S.

The least movement is of  
importance to all nature.  
The entire ocean is  
affected by a pebble.  
- Blaise Pascal

## Volunteers

Shaun Anzaldua  
Bina Benavides  
Alakananda Bhattacharya  
Lionel Cade  
Sarah Cancelmo  
Lynn Cole  
Dana Esposito  
Andrea Jefferson  
Donna Johnson  
Irina Jorge  
Lee Kile  
Zackeisha Murphy  
Anna Nguyen  
Vicki Nguyen  
Mariana Perez-Ordenez  
Reynee Rainey  
Jensen Sapida  
Holly Sendy  
Abhinav Sharma  
Ashlie Thomas  
Nina Tsai

# Message from the Board President

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The HGI Board is proud of the HGI administrative and clinical staff who have stepped to the forefront in this year of the economy's downturn. They have steadfastly adjusted and sacrificed to make HGI capable of providing innovative services to the community while managing the changes in the funding world. Much of this progress has been made because of the generosity of our donors, who gave throughout the year as well as at the November Charity Auction. We are especially grateful for the \$100,000 anonymous donation we received during 2009.

The HGI Board is following its strategic plan to grow and expand by welcoming three new members to its ranks who will add considerable professional strength and expertise to the Board. The new members are Jeff Abrams, Attorney-Mediator, Judy Dougherty, J.D., and Pamela McConathy, M.A.

This is my last letter as President of the HGI Board of Directors. I want to take this opportunity to say how honored I have been to serve this organization and to work alongside the amazing professionals who have continually extended themselves intellectually, creatively, and through sheer hard work kept the Institute focused and on path during my term. My fellow Board Members and I are fortunate to welcome Peter Bishop as our new President. Peter brings new energy, a vision for the future, and many community resources to HGI's helm. I know that HGI will have good leadership and strategy in its next years, and am very thankful we have such a great resource to call to our head.

Pamela J. Barton  
President of the Board



Peter Bishop (left), New Board President and Pam Barton (right), Past Board President at HGI's Annual Holiday Party.

# Mission and Vision

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With a rich 32-year history of serving the Houston and Galveston communities, HGI is committed to the following mission and vision:

## Mission

*Transforming lives and communities with innovative and collaborative therapy, training and research.*

photo: Tanya Ann (flickr.com)



## Vision

*The Houston Galveston Institute will be a recognized leader in the dynamic evolution of innovative, effective and accessible psychotherapy approaches.*

# How Does the Garden Grow?

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## What We Do

HGI, now in the fourth decade of operations, offers an rich and fruitful atmosphere in which great things happen. Clients grow and change in therapeutic environments that vary from conventional offices to school and community settings as well as in their own homes. Therapists are energetic parts of the learning community, many joining HGI as interns and continuing their affiliation throughout their careers. The learning community at HGI is world-wide, and connections are maintained through travelling and visiting, conferences, skype and social networking.

World-wide travels and relationships expand and nurture HGI's ability to understand and welcome diverse backgrounds and experiences, including immigration and displacement. These experiences come home to the greater Houston area in our trauma and disaster mental

In its knowledges light, we must think and act not only for the moment but for our time. I am reminded of the great French Marshal Lyautey, who once asked his gardener to plant a tree. The gardener objected that the tree was slow-growing and would not reach maturity for a hundred years. The Marshal replied, In that case, there is no time to lose, plant it this afternoon.

- John Fitzgerald Kennedy

health work. HGI has provided leadership in this area since Hurricane Katrina.

At HGI we strive to improve therapeutic services, especially for clients who are difficult to serve by virtue of financial and insurance gaps, cultural and social stigma, and complex and chronic system and community failures. The following programs provide fertile ground for our work, and help children and families who would otherwise fall through the cracks and further behind in school, in healthcare, in the workforce, and invisibility.

# Seeding Ideas

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## Clinical

At HGI we are determined to learn from our clients as they learn from us how to solve their problems and issues. Through our collaborative approach to therapy we discover what our clients need, what they want to accomplish, and how we can help them achieve their goals. We offer services without discrimination, and embrace each client's unique culture and background.

*When gardeners garden, it is not just plants that grow, but the gardeners themselves.  
- Ken Druse*

The Institute's therapeutic services are available to all community members. In 2009, HGI was able to reach a variety of people through the clinical programs listed below.

## Clinical Programs

- Child Support Office Project with The Office of the Attorney General of Texas (OAG)
- Harris County Domestic Relations Office (DRO) Project
- Humble Area Assistance Ministries (HAAM) and Interfaith Caring Ministries (ICM)
- Ibn Sina Community Clinic
- Open Community Clients
- Rolling Conversations Project (RCP) In-School Services and Community-based Services
- SSBG (Social Service Block Grant) In-School Services and Community-based Services
- United Way of Greater Houston Hurricane Ike Mental Health Program

Number of clients served: 975

Number of sessions: 2022

# Blossoming Professionals

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## Training

The HGI Training Center is a learning environment for therapists at a variety of stages of professional development. HGI offers graduate level internships for marriage and family therapy, counseling, and psychology students as well as post-graduate supervised experience, continuing education, intensive training in Collaborative Therapy, conferences and workshops.

The HGI Training Center typically has 4-8 part-time and full-time interns and post-graduates, who become an essential part of our clinical team. These talented emerging professionals work alongside senior clinical staff in learning partnerships that bring depth and breadth to the many clients we serve every day.

The diverse experiences that HGI training offers is highly valued and learners come from as far as Japan to spend time in our programs. Thinking, reflecting, critiquing and exchanging our ideas and our clinical work brings us all to new levels of performance and practice.

## Training Programs

- Clinical Externships
- Ethics Seminars
- International Summer Institute
- Masters and Doctoral Internships
- Online Training Programs
- Parenting Coordination
- Supervised Clinical Associates
- Supervision for Clinical Licensure
- Supervisors' Seminar and Refresher
- Visitor Study Program
- Workshops

Thought is the blossom;  
language the bud;  
action the fruit behind it.  
- Ralph Waldo Emerson

Number of trainees: 650

# Finding Fertile Ground

Fiscal year 2009 found the world-wide economy in disrepair.

If we had no winter, the spring would not be so pleasant; if we did not sometimes taste of adversity, prosperity would not be so welcome.

- Anne Bradstreet

Unemployment in the United States reached highs not seen since the Great Depression of the 1930's. The Houston community was not exempt, and HGI struggled, along with most of the non-profit arena, to find new and

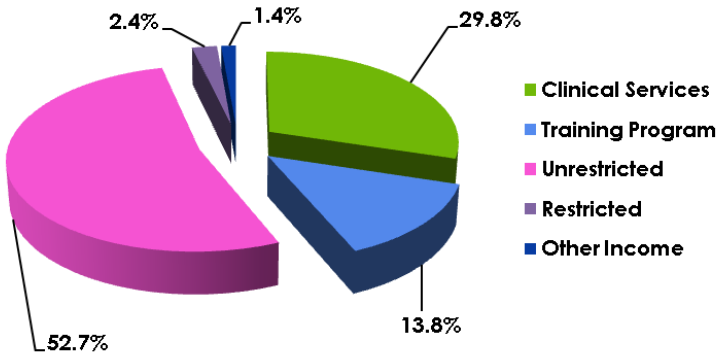
different sources of revenue. In many ways we fertilized new ground by offering a new event, Chocolate, Champagne and Charity, which opened the doors to new friends and reacquainted us with old ones.

Our heartfelt thanks to our generous supporters who helped us through some rough patches. And a very special thanks to our Anonymous donors.



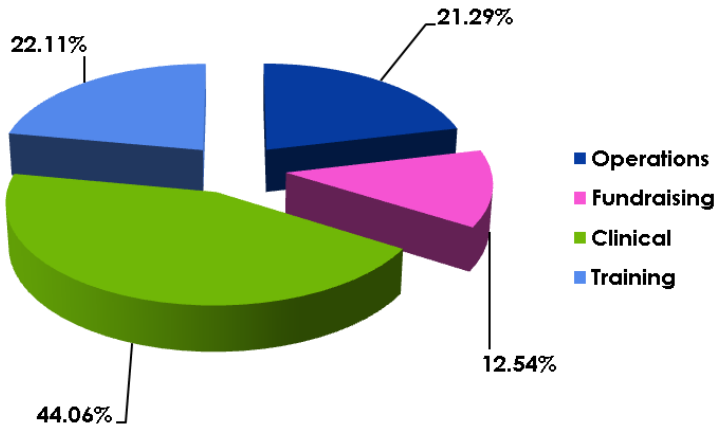
Silent auction items were displayed around the Groovey Grill Mansion, the venue for our first Chocolate, Champagne, and Charity fundraiser.

## Sources of Fund - Fiscal Year 2009



Everything that can be counted does not necessarily count;  
everything that counts cannot necessarily be counted.  
- Albert Einstein

## Expenses Category - Fiscal Year 2009



# Our Partners and Donors

## Partners

Alliance for Community Assistance Ministries (ACAM)  
American Family Therapy Academy  
American Red Cross  
Bastian Elementary  
Children's Defense Fund- Katrina Leadership Corps  
City of Houston Disaster Mental Health Crisis Response Team  
City of Houston Southwest Multi-Service Center  
Communities in Schools  
Cornerstone Village Apartments  
Counseling Psychology Program, University of Houston  
Department of Family and Community Medicine, Baylor College of Medicine  
Dowling Middle School  
Epiphany Community Health Outreach Services (ECHOS)  
Family Services of Greater Houston  
Foerster Elementary School  
Greater Houston Long-Term Recovery Team, Hurricane Ike  
Grupo Campos Eliseos  
Harris County Domestic Relations Offices  
Houston Psychological Association  
Humble Area Assistance Ministries  
Ibn Sina Health Clinic  
INCORE (International Conflict Research), University of Ulster  
Interfaith Caring Ministries  
International Development Research Centre (IDRC)  
International Trauma Studies Program, Columbia University  
Lee High School  
Marriage and Family Therapy Program, University of Houston, Clear Lake  
Massey University  
McNamara Elementary School  
Mental Health America of Greater Houston  
Neighborhood Centers Inc.  
North Pasadena Community Outreach Center (NPCO)  
Office of the Attorney General, Texas  
Pacifica Graduate Institute  
Psychology Department, Our Lady of the

Lake University  
Shoreacres City Hall  
Taos Institute  
Texas Association for Marriage and Family Therapy  
Texas Disaster Recovery VISTA Project,  
Texas Conference of Churches  
The Bethel's Place

## Donors

A. Charles Haston  
Abbas Hussein (Sorrento's Restaurant)  
Abdi Shirazi  
Alice Clarke  
Amanda Howard Jett (Vibe Dance Studio)  
Annette Brock  
Anonymous  
Antoinette Riley  
April (Arthur Murray Dance Studio)  
A-Rocket Moving Storage Inc.  
Barbara Abramowitz  
Barbara and Michael Fitzgerald  
Beth and Larry Sams  
Bill Willis (Jos. A. Bank)  
Brian Callahan  
Carmelo Mauro (Carmelo's Ristorante)  
Carolyn Callahan  
Catalina Eljure  
Catherine Wampler  
Cathy King  
Chris Webb  
Christine and Jesse Cancelmo  
Cynthia Carter  
Daniel Garces  
David Drinnan  
David Maggard  
Dee Dee Dochen  
Diana Carleton  
Diane Sanders  
Dorothee and Melvyn Abels  
Emma McLaughlin  
Enterprise  
Eric (The Chocolate Bar)  
Events  
Fleet Feet  
Flowers by Nino  
Frank Crapitto (Frank's Chop House)  
Gayle and Stewart McAdoo  
Gennifer Flowers

# Our Partners and Donors

Gerald Kimmey  
German Mosquera (Ruggles Green)  
Glenda and David Rassin  
Greg Fenberg  
Gypsy Rose  
Harlene Anderson and David Shine  
Harriet and Launey Roberts  
Helen Wheir  
Iris Wade  
Janies Rummel (Advanced Cosmetic and Wellness Center)  
Jason (BJ's Brewery)  
Jean Kegler  
Jessica Austin  
Jessica Henderson  
Jim Telfair (Telfair at Home)  
Jimmie Spann  
Joan Biever  
John and Jen Wheir  
John Morris  
Jon Sonnier  
Juanna Hadnott  
Julia and Dwight Wolf  
Katarina and James Sowerby  
Kate Lester  
Katie Kelly  
Kenzo (Kenzo's)  
Kim McGaw  
Lattie Alston  
Lauren Brown  
Lauren Drake (La Colombe d'Or Mansion)  
Leonard Allen  
Leslie Searle  
Leslye Mize  
Linda and Monte Pendleton  
Linda Walsh and Terrell Dixon  
Lisa Hoang (Mo Mong)  
Lovett Inn  
Lynn Cole and Bren Shipley  
Mallory (Bath Junkie)  
Marilyn Montgomery (Art Flowers)  
Marsha Treadway (Queen Beads)  
Mary Calvin (Cabinet Innovations)  
Michael and Nancy Martin  
Michael Malloy (House of Coffee Beans)  
Michael Pontello  
Michele and Bob Pola  
Michele Mullin  
Mohsin and Nadia Khoja  
Murder by Chocolate Dinner Theater  
Nancy Allen  
Nancy Allen (The GreenTree Fund)  
Nellie Grose  
Nicola Kraus  
Pam and Sam Barton  
Pamela Wiener  
Patricia McElliott  
Peter and Maaik Van Bommel  
Peter Bishop  
Phillip and Nancy Baxley  
Pierre-André Ruegg (Hotel Las Palapas)  
Rabia Ilahi and Ernest Crawford  
Ralph Boujaoude (Fairbanks Liquor)  
ReadyTalk  
Renee Wallace  
Rich Taylor (Fish City Grill Sugar Land)  
Rick Terry  
Roberta Mullin  
Rochelle and Alan Jacobson (The Merfish-Jacobson Foundation)  
Rocio and Clinton Tharp  
Rockwell Fund  
Rosemary Shepard  
Roxanne Aranda  
Roy Green (South Shore Harbour)  
Saliha Bava  
Sandy and Ellen Levin  
Sandy Pontello (Miss Sandy's Cheesecakes)  
Saundra Dahlke  
Scott Loynd  
Shannon Alexander  
Shelley Zavodny  
Sherry Beeman and Bill Kerley  
Shirley Matthews  
Silvia Salamanca  
Sonya and Martin Ware  
St. Luke's Episcopal Health Charities  
Sue Levin and Jamie Raser  
Susan Baxley  
Tara Energy  
The Black Labrador  
The Simmons Foundation  
Thelma Jean Goodrich and Tom Cole  
Therese Perez  
United Way of Greater Houston  
University of Houston MIS Department @  
Comp Team  
Velva Levine  
Whole Earth Provisions  
Zacch and Keith (benjy's)

# A Client's Poem

---

Thank you for taking out your time to see that I'm okay  
Thank you for doing it even if it's a busy day  
In my heart I can't express the way I feel  
The heartache, the pain can be overwhelming and real  
So thank you is all I can say but mean it from my heart  
You have been a blessing from God from the very start

*This poem was written by a 37-year old client affected by Hurricane Ike, receiving services through SSBG (Social Service Block Grant). She expressed her gratitude to her therapists for working with her in the therapy process.*

HGI works with individuals, families and couples that include clients of all ages. This drawing is from a 6-year old client who is in family therapy because her parents are going through a high-conflict divorce.



# HGI springing into action

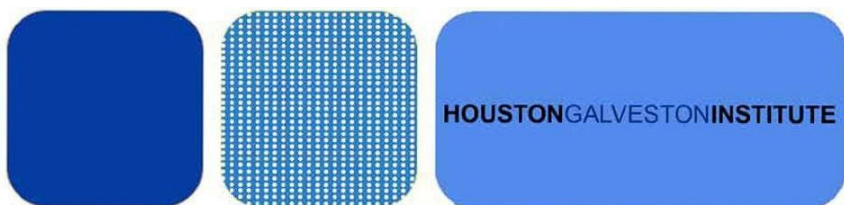
Kate Lester presented her HGI VISTA project to our staff, as well as to Texas Conference of Churches in Galveston. Kate's project is currently the only Mental Health project through this VISTA sponsor.



In 2009, HGI began expanding its volunteer program into daily operations. Volunteers have helped with administration, fundraising, and the website. A Volunteer Luncheon is held every few months to recognize and thank our volunteers.

As a class project, University of Houston MIS students assisted HGI with updating our website and database in the fall of 2009.





**3316 Mount Vernon**

**Houston, TX 77006**

**Phone: 713-526-8390**

**Fax: 713-528-2618**

**admin@talkhgi.com**

**www.talkhgi.com**

